



Twinplicity Times

BUTTE COUNTY MOTHERS OF MULTIPLES FOUNDED 2006

**February
2014**

February Highlights

- *Monthly Social*
02/19 @ 7pm
- *MNO 2/27 @6:30p*
Bowling: Orchard Lanes,
Chico

Inside this issue:

President's Message	1
Welcomes & Wishes	2
December-January	3
NCAMOTC Fall Retreat	4
Social & MNO	5
Birthdays	6-7
Out & About	8
Calendar	9
Pencil It In!!!	10
Kids' Corner	11
Play Group Info	12-13
Featured	14
Board Members	15
Wrap up	16

President's Message

Dearest BCMOMs,

We hope that the holidays and New Year treated everyone well! This upcoming year will hold all the normal activities: board meetings, socials, MNO, August's BCMOM Family BBQ, October's Harvest Party, November's Recipe Exchange, and –of course– December's BCMOM Family Holiday Party and MOM's only Ornament Exchange. The year also brings two NCA (Northern California Association) events in the Spring Convention (see body of newsletter for details) and Fall Retreat!

So many activities to plug into, but remember, you DO have a play group and I'm willing to bet your fellow play group members would love to get together for a playdate! It can be as simple as heading to the park for one big play time!

Happy February! Happy Valentine's Day!

BCMOM Newsletter Staff

Monthly Social

Next Social Meeting is: *February 19, 2014 (TBD)*

Wednesday, February 19 @ 7pm

Enloe Conference Center, Esplanade Building; Room: 101

1528 Esplanade (at East 5th Ave)

Chico, CA 95926

across from the Hospital on Esplanade

NO CHILDREN -Please- Babies under 6 months old are welcome.



Welcome & Best Wishes

NEW members, NEWborns, &
Expecting

Please welcome our NEWborn(s):

If you've heard of a new baby being born, please let your Newsletter Editor know so she can announce it RIGHT HERE! :)

Please welcome our NEW member(s):

Get ready for an increase in infants! Each of these new members is currently pregnant with TWINS & each is due in just a handful of weeks/months!

Lillian Daugherty

LaToya McDaniel

Jackie McDougale

Mary Villarreal

Please send your Best Wishes:

Are you pregnant, but not sure the club knows? Need to spread the word? Send Megan Renner an email with how far along you are and your due date and she'll announce it here in the Newsletter!!!

December/January

Family Party & Orn Exchange

WHEN: 12/07/13 &
12/10/13

Once again, great turnout at both the party and the ornament exchange! A huge thank you to all the families who participated and joined in the fun! Thank you to First Baptist Church for allowing us the venue for our



Christmas Party, and thank you to **DOUBLE TROUBLE** for putting it all together for a wonderful evening! Thank you to Dena and her brother for providing the catering for the ornament exchange, and thank you Rose & family for donating your home for that fun night!

Autism

WHEN: 01/15/13; Monthly Social

#1 takeaway: **YOU** are your child's **BEST** advocate! Speak up, ask questions, take notes, demand answers!

#2: if you're worried and you want to do a home test, go to:
<http://www.autismspeaks.org/what-autism/diagnosis/mchat>
to take the test!



The San Joaquin Mothers of Twins Club (SJMOTC) is pleased to invite you to join us for the NCAMOTC 2014 Spring Convention as we travel **Back to the 80's, Ladies!** Dig out your spandex pants, fluorescent tops and stock up on lots of AquaNet! Invite all of your awesome 80's ladies to join us for a totally righteous weekend!

We have lots of totally awesome activities in store for you including righteous speakers and workshops that you for sure don't want to miss. We'll feature all the usual favorites too, including thousands of dollars worth of gnarly prize drawings! Like, gag me with a spoon with all this excitement!

BCMOMs: Check your emails or FB for the entire packet and registration form! If you plan on going, you'll write your check out to BCMOMs and we'll send it out all together! **SEE YOU THERE!**



DoubleTree by Hilton, Modesto

1150 Ninth Street

Modesto, CA 95354

Tel: (209) 526-6000

Check-in Time: 3:00 pm – Check-out Time: 12:00 pm

March 14-16, 2014 NCAMOTC Room Block Rate: \$99 per room/per night

Occupancy is 1-4 guests per room

Parking is included for all registered hotel guests in the 9th Street garage only.

To reserve your room, call now or register online:

<http://doubletree.hilton.com/en/dt/groups/personalized/D/DSTO-DT-NCA-20140310/index.jhtml>

**Don't delay! Our room block will be released back to the public
on February 19, 2014.**

BCMOMs February Meeting:

02/19/14

Board Meeting: 6-7pm

Social: 7-8pm



What To Do Around Town:

Join us for our February social!

Are you looking to get your children involved in activities in our community but unsure of what's available? Join us as we present some of the many things to do around town. We're going to present the many dance schools, karate classes, swim schools, sports, gymnastics and list some fun local parks. We'll also have their fees, age requirements and if they offer a twin discount. I'll try and get a guest speaker/someone to present about their place too. Refreshments will be provided.

Mom's Night Out for February

WHEN: Thursday, 2/27/13 @ 6:30pm

WHERE: BOWLING -AMF Orchard
Lanes, Chico

(RSVP (yes or no) to Candice Pierce: piercesports@gmail.com)

January Birthdays

Happy Birthday Multiples

1/07 Lauren Benson

1/07 Sloan Benson

1/08 Verona Petyo

1/08 Trent Petyo

Happy Birthday Moms

1/10 Candice Pierce

1/16 LaToya McDaniel

Happy Birthday Dads

1/17 Barrett Benson

1/19 Keoni Hobson



February Birthdays

Happy Birthday Multiples

2/18 Morgan Seidenstricker

2/18 Taylof Seidenstricker

2/24 Brendan Donnell

2/24 Jessica Donnell

Happy Birthday Moms

2/03 Ashely Benson

2/05 Martha Orozco-Guadiana

2/11 Rachele Thompson

2/23 Sarah Moss

2/23 Sydney Petyo

Happy Birthday Dads

2/10 Felix Orozco-Guadiana

2/19 Nick Abbott

2/22 Sam Lapp

2/25 Brian Dewey



Out & About Events

December Community Events



[Sunday, February 9; 7:30pm](#)

[Lonestar](#)

[@ CSU Chico—Laxson Auditorium](#)

“Lonestar, country rock band and CMA Vocal Group of the Year, has ten No.1 country hits, a Billboard No.1 album, and AMC awards for Single and Song of the Year. Country fans will love this special 20th Anniversary performance!” (www.chicoperformances.com or call 530.898.6333) Tickets: \$30-\$50



[Saturday, February 15; 6:00-8:00pm](#)

[Decades Music Concert](#)

[@ Paradise Performing Arts Center](#)

“This Chico based band plays great music from Chuck Berry to Katie Perry! There is something for every generation played by this amazing band. You will not want to miss this special Decades public appearance in Paradise, partially benefiting special programs at Paradise High School. So, get your friends, family and classmates and celebrate Valentine weekend on February 15th! Tickets are at sponsor Grocery Outlet, Post-Net, Izzy's Burger Spa, and Jaki's Hilltop Café in Magalia!”



[February 14th & 17th 7:45am-5:30pm](#)

[Camp Chico Creek](#)

[@ Bidwell Park, Chico](#) (3199 Golf Course Road, Chico, CA 95973)

“Bring back the magic of summer camp with our holiday camps! Camp Chico Creek is an environmental education-based day camp for children 5 to 11 years old. The programs are designed to provide outdoor recreation activities and foster awareness of nature in a fun, safe and caring setting. Themes covering Park habitats and their natural and cultural histories are presented to the campers during each session. Call (530) 891-4671 for more information.” (Price \$35/day)

Continuing Events



[Chico Library Preschool Story Time](#)

Tuesdays: 10:30am-11am; Butte County Library, Chico Branch (1108 Sherman Ave, Chico)

[Paradise Library Story Time](#)

0-3yrs: Thursdays: 10a; Butte County Library, Paradise Branch (5922 Clark Road, Paradise)





3-5yrs: Fridays: 11am

[Durham Library Story Time](#)

Thursdays: 10am; Butte County Library, Durham Branch (2545 Durham-Dayton Hwy, Durham)



December 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 Happy Valentine's Day	15
16	17  President's Day	18	19  Monthly Board Meeting & Social	20	21	22
23	24	25	26	27  Monthly MNO Bowling @ 6:30pm	28	
	<i>National</i>	<i>Children's</i>	<i>Dental</i> 	<i>Health</i>	<i>Month</i>	



Pencil It In!!!



Looking forward:

February

*February 19: BCMOM Monthly Board Meeting (6pm) & Social (7pm);

*February 27: MNO: Bowling at AMF Orchard Lanes Chico 6:30pm

March

*March 19: BCMOM Monthly Board Meeting (6pm) & Social (7pm); MNO TBD

April

*April 16: BCMOM Monthly Board Meeting (6pm) & Social (7pm); MNO TBD

*April TBD: Spring C&E Sale

May

*May 21: BCMOM Monthly Board Meeting (6pm) & Social (7pm)

*TBA: MNO: Wine Time Mother's Day Celebration

June

*June 18: BCMOM Monthly Board Meeting (6pm) & Social (7pm); MNO TBD

July

*NO BCMOM Monthly Meeting/Social

August

*August 20: BCMOM Monthly Board Meeting (6pm) & Social (7pm); MNO TBD

*August TBA: BCMOM Family BBQ

September

*September 17: BCMOM Monthly Board Meeting (6pm) & Social @ 7pm; MNO: TBA

October

*October 15: BCMOM Monthly Board Meeting (6pm) & Social (7pm); MNO TBD

*October TBA: Harvest Party

November

*November TBA: BCMOM Monthly Board Meeting & Social (6pm) & Social (7pm); NO MNO

Kids' Corner

February Activity/Craft

Valentine's Day

For the older kids (& some younger, too!):

Warm Fuzzies

(<http://www.whattoexpect.com/wom/toddler/fuzzy-love-bugs-are-a-simple-toddler-valentine-craft.aspx>)



Supplies: Pom Poms (red, pink, white), googly eyes, foam hearts (or cut them yourself out of foam or construction paper, pipe cleaner hot glue gun or elmers glue.

Step 1: glue the heart (feet) to the bottom of the PomPopm. Glue on two eyes. Glue on the antennae (try to stick them down in the pom pom first.

For the younger ones (& some older as well!):

Butterfly

(<http://valentineimage.org/simple-heart-craft-for-toddlers-2014.html>)



Supplies: empty toilet paper roll, 2 pipe cleaners, construction paper, glue/tape.

Step 1: draw and cut out two large heart shapes (Have child color on it for some added personal touch!)

Step 2: glue the hearts on to the toilet paper roll (have child do it & supervise or have child help you do it.)

Step 3: draw a happy face on the toilet paper roll.

Step 4: tape or glue the pipe cleaners to the inside of the toilet paper roll & curl them (hint: curling them around a pencil makes it easy!)

Playgroup's Months

Each month BCMOMs has a monthly meeting/social and a Mom's Night Out (MNO). Each playgroup is assigned a month (or two). It is the responsibility of that month's playgroup to come up with a meeting "topic" That topic can be many things: a speaker, a craft demo for mom's or kids...sky is almost the limit! There are some restrictions, so refer to the BCMOM documents in Yahoo Groups or ask a board member!

Also, each month is a MNO. The playgroup in charge of the month is responsible for finding a place/activity for the moms. A restaurant, a bar, bowling, mini golf...whatever you can come up with! Typically MNO has been held the week following the monthly meeting/social. This date is chosen by the playgroup in charge of that month.

Lastly, it's your playgroup's duty to notify the rest of the club. Let everyone know what the monthly social topic will be and when/what/where MNO will be.

<u>August (2013)</u> Mischievous Multiples	<u>September</u> Jolly Tots	<u>October</u> 2 to Love	<u>November</u> Two-Rific
<u>December</u> Double Trouble	<u>January</u> Marvelous Multiples	<u>February</u> TWINKles	<u>March</u> Mischievous Multiples
<u>April</u> Jolly Tots	<u>May</u> 2 to Love	<u>June</u> Two-Rific	<u>August (2014)</u> Double Trouble

Playgroup Members

Each MOM is assigned to a playgroup. Each playgroup is comprised of MOMs with little ones around the same age. If you're not sure of your playgroup, check the list below to find where you belong! If you're not sure how to contact someone within your playgroup, please get in touch with any of the board members and they'll be glad to get you the contact information!

<p>2 to Love</p> <p>Treasa L. Tina D. Alison P. Rose W.</p>	<p>Double Trouble</p> <p>Firoza C. Rachele T. Christy S.</p>	<p>Marvelous Multiples</p> <p>Molly W. Tara D. Nicole H.</p>	<p>Two-Rific</p> <p>Jennifer J. Shannon L. Cathi M. Megan R.</p>
<p>Mischievous Multiples</p> <p>Erika R. Sydney P. Andrea L.. Dena H.</p>	<p>Jolly Tots</p> <p>Betsy A. Stephanie L. Jenette V. Diana A.</p>	<p>TWINKles</p> <p>Erin Q. Ashley B. Sara M. Candice P. Tammie H.</p>	

Featured Books/Magazines/Articles

Multiples of America's *Notebook* (Winter 2014, Volume MMXV No. 1)

Moving Forward as a New Grandparent of Multiples (pg. 11) by Tracy Rasmussen

We know what we have to adjust to as parents (feeding, schedules, double the diapers, etc), but how do grandparents have to adjust? "According to several new grandparents of multiples, (it's) mostly a joyous Challenge." Read this full article for the advice from grandparents on "How to be Fair and Equal" with Twins (and any other sibling who may be in the picture!

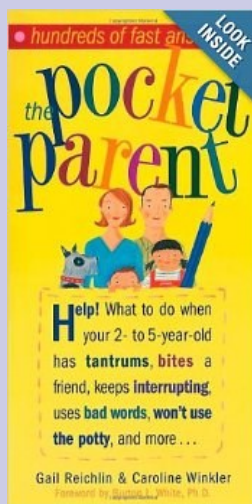
From the BCMOM Library

Resources at your fingertips! BCMOM's library consists of numerous books with topics including breastfeeding, parenting, pregnancy, and even more!

This month's feature:

Pocket Parent - Hundreds of Fast Answers, by Gail Reichlin

Synopsis



The Pocket Parent is, literally, a pocket-size book of tried-and-true advice, common sense, parental wisdom, and sanity. Written by two professionals who've reared six children between them and made a career out of helping others with parenting issues, this handy book will be a lifesaver for every parent of a 2-to-5-year-old. It begins with an overall view of the Pocket Parent approach to discipline. Based on unconditional love but firm limits, and aimed at keeping the child's dignity and self-esteem intact, here are strategies that include "I" statements, modeling, family meetings, and "one word" requests. Once the ground rules are set, the guide moves to an A-to-Z compendium of common problems. Just look it up-Anger, Bad Words, Biting, Chores, Doctor Visits, Fears at Night, Lying, Separation Anxiety-and find the "Sanity Savers" list of suggestions, easy-to-follow bullets, anecdotes, and more.

(<http://www.amazon.com/The-Pocket-Parent-Gail-Reichlin/dp/076112182X>)

BCMOM Board & Chair Contacts

2012-2013 Board/Chair

President	Nicole Hobson	680-1656
Vice President	Megan Renner	877-4786
Secretary	Cathi Madsack	966-1270
Treasurer	Rose Wilson	899-1449
Calendar	Megan Renner	877-4786
Helping Hands	Erika Rogers	899-3358
Historian	Nicole Hobson	680-1656
Librarian	Rose Wilson	899-1449
Membership	Rachele Thompson	895-9288
National Rep	Nicole Hobson	809-1740
Newsletter Editor	Megan Renner	877-4786
Parliamentarian	Firoza Calderon	343-4169
Playgroups	Cathi Madsack	966-1270
Publicity	Christy Seidenstricker	345-6310
Social/Activities	Each Individual Playgroup	
State Rep	Treasa Larrabee	899-1538
Yahoo Groups	Molly Waterbury	921-4432
Website	Cathi Madsack	966-1270
	Megan Renner	877-4786

MEMBER: National Organization of Mother of Twins Clubs, Inc. (NOMOTC) and the Northern California Association of Mothers of Twins Clubs (NCAMOTC).

PURPOSE: To provide a means of sharing information and experiences on the care and raising of twins and higher order multiples.

SOCIAL MEETINGS: The third Wednesday of each month (except December and July). **NO CHILDREN** (babies under 6 months welcome); meeting at 6:00 (board meeting); 7-8:00pm (social).

BOARD MEETING: The third Wednesday of each month @ 6:00 pm. Board members are expected to attend, however **everyone** is welcome!

CURRENTLY SERVING: Butte County & surrounding areas

DUES: Annual dues of \$33 are due each June. For new members joining after August 31, dues will be prorated accordingly. Please make all checks payable to B.C.M.O.M.

P.O. Box 823, Durham, CA 95938

NEWSLETTER: Please send your newsletter items to editor at: mequinpenguin@gmail.com

The **deadline** is the **21st of each month**.

Advertisements listed in Twinplicity Times are not endorsed by the Butte County Mothers of Multiples



Important Dates to Remember

BCMOM Board meeting: 02/19/14 @ 6:30pm
BCMOM Social: 02/19/14 @ 7:00pm: To Do Around Town
MNO: 02/27/14 @ 6:30pm: Bowling: Orchard Lanes, Chico



BCMOM Board meeting: 03/19/14 @ 6:00pm
BCMOM Social: 03/19/14 @ 7:00pm: TBA
MNO: TBA

Fun & Random Fact:

Apple Seeds: "An apple a day keeps the doctor away." True enough. However, apple seeds contain a substance that can convert into poisonous hydrogen cyanide in the intestine. But there is no need to panic. The chance of consuming enough apple seeds to produce a toxic effect is slight, and proper handling can reduce the risks further."



(<http://www.livestrong.com/article/188977-apple-seed-toxicity/>)

Please contact Megan Renner if you would like to contribute to Twinplicity Times
mequinpenguin@gmail.com

www.buttecountymoms.com